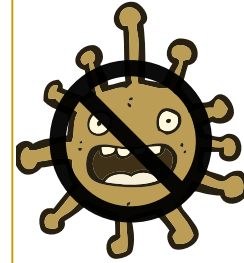


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Pg 4: Free Brushing Chart Printable



**We're  
COVID  
Safe**

ASK US ABOUT  
OUR COVID-19  
SAFETY PLAN

## Gold in Aesthetic and Cosmetic Dentistry Paper Presentations



**AESTHETIC AND COSMETIC DENTISTRY PAPER PRESENTATIONS**  
CLINICIANS CATEGORY  
**GOLD AWARD WINNER**



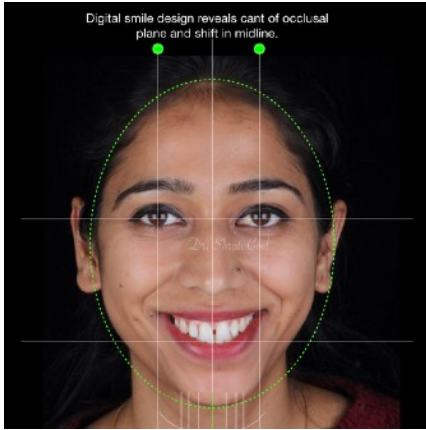
**Dr. Shruti Goel**  
Delhi

**13<sup>th</sup> MAR. 2021**

It's celebration time at Veda Dentistry as our Principal Dentist Dr. Shruti Goel won the Gold award in Aesthetic and Cosmetic Dentistry Paper Presentation organised by FutureDent and Dentoscope Academies.

She presented a case of Gap closure using Digital Smile Design and porcelain Veneers. Turn over to see the case.

# Beautiful Smile for a Beautiful Bride



Treatment of gaps using Veneers

This is long lasting and fast.

Other methods to close gaps are-

1. Braces
2. Aligners
3. Composite Bonding
4. Bioclear



## How to prevent decay at home?



Brush with a 1000 ppm fluoridated toothpaste twice daily



Floss at least once daily



Rinse with 0.12% chlorhexidine mouthwash for one week in one month



Rinse with fluoride mouthwash for three weeks in one month



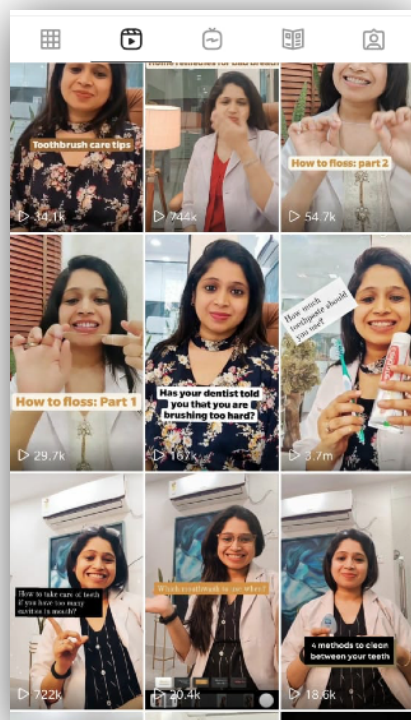
Apply GC Tooth Mousse plus on teeth before sleeping at night



Chew xylitol containing gums 4 times a day

# We are going Viral on Instagram!

Have you seen our super entertaining and informative reels yet? Dr. Shruti has done a series on Oral Hygiene and Cavities in teeth on her Instagram in the last month. Her reels have crossed 3.7 m, 1.2 m and multiple 100k + views. What is so amazing about them? Follow us @ [instagram.com/vedadentistry](https://www.instagram.com/vedadentistry) to find out.



## Thank You! *You are the Best!*

We would like to thank the following well-wishers for recommending us to someone in the month of January, February and March.

Mrs. Niti Jain  
Dr. Aishwarya Singh  
Dr. Sumit Radhakrishnan  
Ms. Divyashikha  
Mrs. Nirmal Bhutani  
Dr. Charu Makhija  
Dr. Sunita Gupta









Dr. Nitin Singhal  
Mrs. Neha Gupta  
Dr. Madhurima Taneja  
Dr. VarunRaj Kamat  
Dr. Sumbul Hashmi  
Mrs. Pooja Chauhan  
Mr. Hitaarth Sharma

# MY TEETH BRUSHING CHART!



NAME: .....

MONTH: .....

								
MONDAY	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
TUESDAY	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
WEDNESDAY	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
THURSDAY	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
FRIDAY	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
SATURDAY	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
SUNDAY	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

TAKE A PRINTOUT AND MAKE A STAR EACH TIME YOUR CHILD BRUSHES.  
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