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*Ask us about our COVID-19 safety plan*

## DENTAL FLUOROSIS: CAUSES, TREATMENT AND PREVENTION

### What is Dental Fluorosis?

Dental fluorosis is a common condition that can affect the appearance of children's teeth due to the improper formation of **tooth enamel**

### What causes Dental Fluorosis?

Dental fluorosis occurs due to the sustained overconsumption of fluoride when the enamel layers of permanent teeth are being formed (before the age of 8 years). **Is fluoride bad?** No, the IDA supports the use of fluoride as an important way to **prevent tooth decay** in children and adults. Fluoride is safe, but should only be consumed in proper amounts.



NORMAL



MILD



MODERATE



SEVERE

## How to Prevent Dental Fluorosis

Children can contract dental fluorosis due to the fluoride that is found in water or due to ingesting fluoride toothpaste.

Fluoride is easily removed from water by drinking RO Purified water.



Never use adult toothpastes to brush kids' teeth. Use kids-safe age-appropriate toothpastes for children after consulting with your dentist.



## Treatment of Dental Fluorosis

Most cases of fluorosis are cosmetic and need no form of treatment. If the appearance of the teeth is seen as a problem, **Resin Infiltration technique** can help remove visibly white spots; **teeth whitening treatments** can help to resolve brown spots. For more severe cases, consult your child's dentist for the best treatment options.

## *Smile transformation of the month*

### RESIN INFILTRATION TO TREAT MODERATE FLUOROSIS



Initial Situation



After Treatment

# THE LATEST INNOVATION IN AESTHETIC DENTISTRY NOW AVAILABLE AT VEDA



You can now get injected smiles and natural restorations @vedadentistry !

What does this mean?

- You can get teeth that are copied from nature! Like your sister's teeth? We can copy them and give you EXACT same teeth!
- All the small details and textures that make your teeth natural can be exactly delivered to you!
- Say no to FAKE looking teeth.
- Nobody can tell you got your teeth 'done'. (Like the nomakeup-makeup look) 😊



**Did you know that when you chew, only your lower jaw moves?**

**Try It For Yourself!**

## Kids Toothpaste Tip:



**0-3 years:**  
grain of rice



**3+ years:**  
pea size

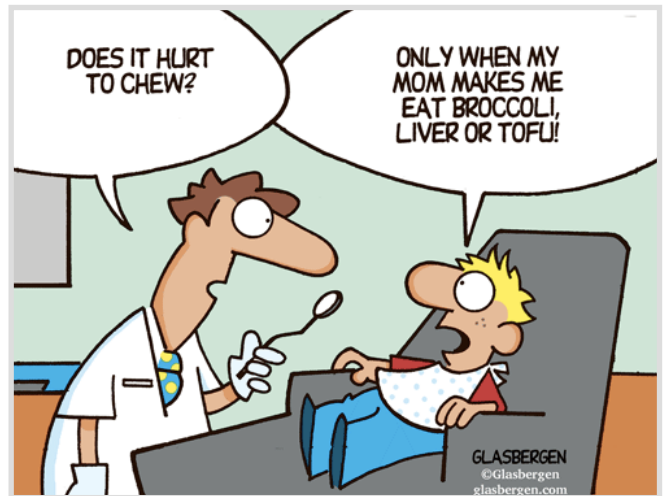
Thank You!

*You are the Best!*

We would like to thank the following well-wishers for recommending us to someone in the month of July

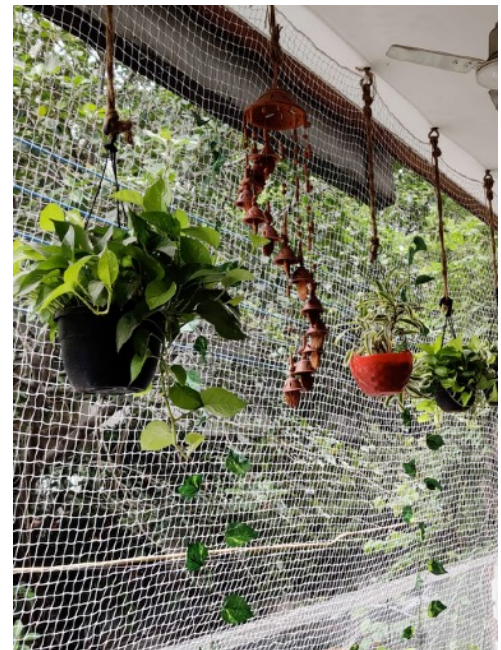
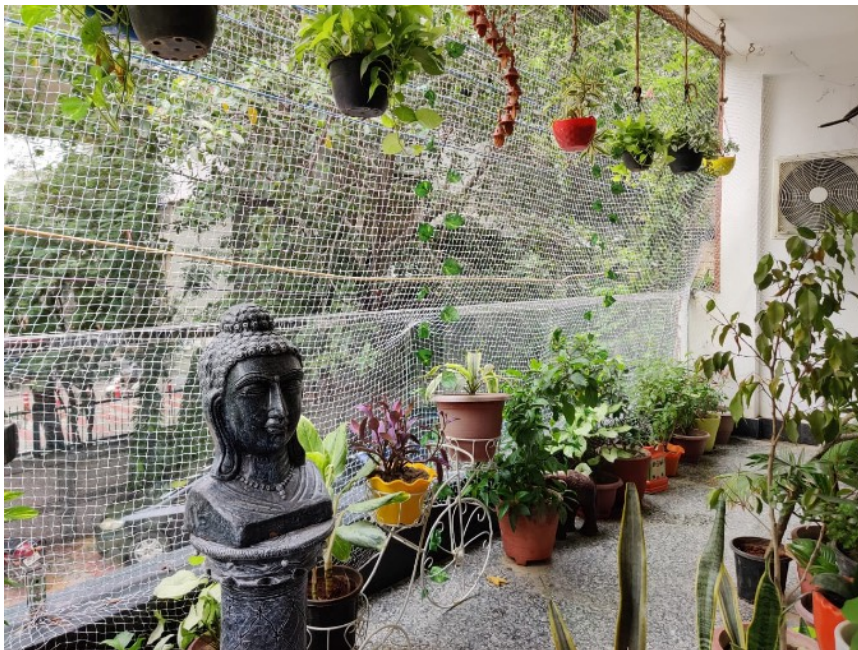
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JUST FOR LAUGHS...



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