THE VEDIC TIMES NEWSLETTER FOR THE MONTH OF MAR 2020

VEDA WINS

Dental Practice of the Year

Veda won Dental practice of the Year- Runner up award at the Indian Dental Divas Award held in Mumbai on 23rd Feb 2020, a national platform to recognize women in field of dentistry. The award recognises the excellent care and service provided to our patient in a clean and comfortable environment. We are grateful to our excellent team of doctors and paramedical staff and our patients for making this possible for us. In This Issue: Pg 2:Diabetes and Oral Health Pg 3: Good Habits start early Pg 4: Dental quiz





THE EFFECT OF DIABETES ON TEETH AND SOFT TISSUES OF THE MOUTH

ORAL HEALTH PROBLEMS CAN BE MORE SERIOUS WHEN YOU HAVE DIABETES



COULD BE RELATED TO THE FACT THAT YOU HAVE BEEN DIAGNOSED POSITIVE FOR DIABETES



• Brush your teeth twice a day.

- Keep your healthy eating plan.
- Control your blood sugar levels.
- See a dentist if you have red or swollen gums.

5 Foods That Can Help Control Your Blood Sugar Levels Naturally

Whole grains



Nuts



Bitter gourd (Karela)



Fenugreek seeds



Amla



Good habits start early !!

Dr. Shruti was invited to Footprints Playschool to teach little kids about brushing and good oral habits. Kids had lot of fun with our mascot, Max, the dino.



<u>What our patients</u> said about us

It was a good experience with you and team members during our treatment including very humble and polite behaviour. I shall refer to my fellow ONGCians to avail treatment from your clinic.





Thank You!

You are the Best!

We would like to thank the following well-wishers for recommending us to someone in the month of February

> Mrs. Kanchan Khatabia Dr. Khushboo Anirudh Goel

VEDA DENTISTRY AND COSMETOLOGY NEWSLETTER : MAR 2020

FOR RENT

We are looking to rent out 8*12 feet consultation rooms in our dental practice to a **dermatologist** and a **dietician**. If you know anyone who might be interested please ask them to get in touch at 9318481183.



CLINIC TIMINGS

TUESDAY- SATURDAY: 9 AM - 5:30 PM SUNDAY : 9 AM - 1:30 PM

MONDAY CLOSED





Mr. Monkey and Mr. Lion are welcoming kids to our practice with more enthusiasm now!

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II veda: II DENTISTRY & COSMETOLOGY

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