# THE VEDIC TIMES @

**NEWSLETTER FOR THE MONTH OF JULY 2019** 



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ence DENTISTRY & COSMETOLOGY

# INAUGURATION

THE NEW DENTAL AND DERMATOLOGY
PRACTICE IN TOWN - VEDA DENTISTRY AND
COSMETOLOGY

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Veda Dentistry and Cosmetology, a brand new Dental and Dermatology practice in AGCR Enclave, New Delhi was inaugurated on 26th May 2019 by Sh. R.K. Mittal. This practice is owned by Mittal Family of 54, Shanti Vihar.

The inauguration was a successful affair due to enthusiastic attendance by all the invitees. Laser Hair removal trial and free scalp analysis, arranged

by our dermatologist, were appreciated by all.

This state-of-the art practice aims to bring quality dental and skin care within reach of everybody in East Delhi. A team of highly qualified specialists, from the most reputed dental and medical colleges in India like AIIMS and Maulana Azad Medical College use the best quality materials and equipments to provide superlative care to everybody.

### **ASK THE EXPERT**

Everything You Need to Know About Root Canal Treatment

What is a Root Canal?

ROOT CANAL is a lay mans' term for endodontic therapy or root canal therapy. Root canal therapy is required when the pulp (aka "nerve") inside the tooth gets damaged or infected due to injury (decay, trauma, multiple restorations). Root canal therapy is the removal of the entire pulp throughout the root canal system (a tooth can have several roots and a canal or two within those roots), the cleaning and shaping of the canal system, and filling the canals with gutta-percha and a dental sealer.

#### When do I need a Root Canal? Do you have any of the following symptoms?

- Sensitivity to hot or cold that lingers
- Discomfort when chewing or biting
- Dull ache or severe pain
- Discomfort that wakes you up at night
- Your dentist has diagnosed the need for endodontic treatment either by clinical exam or x-ray

If you answered yes to any of the above, you might very well need a root canal. Please call and schedule for an evaluation.

Be aware not all teeth that are in need of root canal therapy will cause pain. It is possible to be pain-free and still need a root canal.

## Why go to an Endodontist (Root Canal Specialist)?

Endodontists are dental specialists with additional three years of training in treating root canals after dental graduation. Many endodontists use state-of-the-art technology such as rotary endodontics, digital imaging, ultrasonic instrumentation, magnification, apex locators, to treat their patients quickly and comfortably.





How long does a root canal take? The amount of time a procedure takes depends on the details of the procedure you're having and the type of tooth involved. We estimate your time in the office to last approximately 2-3 hours. The treatment itself can often be completed in one to two visits. At times, a third appointment may be needed.

Why do I need a crown (cap)?

Once a tooth has had a root canal it becomes very dry and brittle, making it more susceptible to fracture. Covering the tooth with a crown (cap) helps protect it. Your general dentist will determine what type of permanent restoration will be best for you.

Can I drive myself home? Yes, you will be fine to drive.

What type of foods can I eat?
We recommend you to eat soft food
until you get a permanent filling
placed. Because the tooth will be
tender for several days, you may feel
better chewing on the side opposite of
the treated area.

# Will I be able to go back to work after treatment?

You should feel fine after the root canal and should be able to return to your normal activities. You can expect the area to be numb for an hour or two after treatment. Once the numbness wears off, you may experience some tenderness around the tooth.

### Dr. Shruti Goel

MDS, Endodontics; BDS (Maulana Azad Institute of Dental Sciences)

Ex Resident-AIIMS

Principal Dentist

Veda Dentistry and Cosmetology

To Book an appointment call or Whatsapp at 9318481183

#### **MEET YOUR SKIN EXPERT**



#### Dr Veenu Jindal

MBBS (Maulana Azad Medical College, Delhi); MD Dermatology, Venerology, Leprology (B.J. Medical College & Civil Hospital, Ahmedabad, Medalist); SCE Dermatology (Royal College of Physicians, London)

Her patients know her as a compassionate, caring and empathetic Dermatologist. Dr Veenu takes time to listen to the patient's concerns, explains the disease condition in detail and educates about the treatment options available. She tries to strike a balance between procedural and conservative dermatology. She is always actively working to find out the latest treatment modalities worldwide and makes an effort to bring them to patients in India in a cost-effective manner.

During the 3 years of residency, she worked 6 days a week attending to a good 80-100 patients every day which gave her the opportunity to apply clinical knowledge to manage a variety of skin conditions ranging from common to rarer ones. She also

#### **Awards & Honors**

- TorrentYoungScholar Award(TYSA)
   Dermatology 2017
- 1st at the State level & nominated for the Finals of IADVL GSK National PG Dermatology Quiz(IGNQPP), 2017-18
- 2nd in MD Dermatology Exam, Gujarat University
- Star of the Month at BJMC, Ahmedabad, December 2017 for Academic excellence
- 1st prize in poster presentation at Cuticon, Gujarat 2015
- Gold Medal in Medicine in Final year MBBS,
   2013 at Maulana Azad Medical College, Delhi

gained extensive experience in surgical dermatology performing surgeries for vitiligo, acne scars, cyst removal, nerve biopsy, nail surgeries and Hair Transplant. In the area of cosmetic therapeutic modalities, she worked with Medlite C6 for tattoo removal, Cutera Coolglide for laser hair reduction and IPL for acne.

In Delhi, she worked at some of the premium aesthetic centres and acquired the expertise with newer technologies and equipment based practice including injectable treatments like Botulinum Toxin and HA soft tissue fillers. She has also travelled with these centres to help patients in other cities.

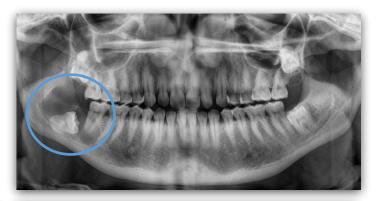
To her, each patient is unique and she feels a close bond with her patients and has high regard for the patient-doctor relationship of mutual respect.

You can consult with Dr. Veenu every Tuesday from 10 am to 5 pm. Prior Appointment booking is required.



### PATIENT OF THE MONTH: MRS KANCHAN KHATABIA

Mrs Kanchan was suffering from a huge dentigerous cyst which was removed very gently by our extremely talented Oral Surgeon, Dr. Himani Joshi. Kanchan was impressed by the procedure and after surgery care we provided. We are happy to have cooperative patients like Kanchan in Veda Family.





#### Kanchan Khatabia

June 13, 2019

★ ★ ★ ★ when everyone scared me, Dr. Shruti gave me the hope of not to worry. it was a big cyst but there procedure was so planned after examining my all reports that they mentally prepared me for the same and comforted me in the entire surgery. I am pain free and stress free now. They have team of really professional people. I got to know about them from one of the known doctor. I love the hygiene and class they maintain at clinic which is well equipped for surgeries too. Thank you for such warm touch.



to get more updates about the practice :) :)







@vedadentistry

### OFFER OF THE MONTH

Free Virtual Smile Makeover!

See How You Will Look After Your Treatment Even Before any Treatment Started!

